

MONDAY-FRIDAY 11AM - 2AM
 SATURDAY & SUNDAY 10AM - 2AM
 2920 INGERSOLL AVE
 DES MOINES, IA 50312
 515-245-9737



COME VISIT OUR OTHER LOCATION!
 597 MARKET STREET
 WEST DES MOINES, IA 50266
 515-222-1100
 WWW.WELLMANSPUB.COM



• **WELLMAN'S NACHOS** •
 Crisp tortilla chips topped with tender chicken, melted Mexican cheese, diced tomato, fresh jalapeños, all finished with our homemade mojo sauce. Served with salsa and sour cream - 13.99
 SIZZLIN' STEAK - 2.99

CREAMY SPINACH AND ARTICHOKE DIP **W**

A creamy dip full of tender artichokes, sautéed fresh spinach, and cheeses. Enjoy with our fresh corn tortilla chips - 13.99

FRIED CHEESE CURDS

Lightly breaded white cheddar cheese bites served with ranch dressing - 9.99

LET IT BEGIN

CHICKEN TENDERS

Juicy white meat chicken breast, coated in our signature crispy breading - 12.99 ADD FRIES 1.99

WELLMAN'S WINGS

Eight traditional smoked jumbo wings or boneless wings coated with your choice of sauce. Served with celery and ranch or blue cheese dressing - 12.99

Naked • Hot Buffalo • Sweet Chili • BBQ
 Mild Buffalo • Garlic Parmesan • Teriyaki
 Honey Citrus • Sriracha Bourbon • Honey BBQ
 Tropical Habanero • Thai Peanut Sauce

SOUTHWESTERN EGGROLLS

Egg rolls stuffed with chicken, corn, black beans, onion, peppers, and cheese with a side of chipotle ranch - 11.99

PRETZEL STICKS

Four soft pretzel sticks served with cheese sauce - 10.99

LOADED WELLMAN'S CHIPS

A heaping pile of thinly sliced potatoes, seasoned with Ancho chili then smothered with bacon, melted cheeses, sour cream, and chives - 11.99

RIO GRANDE QUESADILLA

Seasoned grilled steak coupled with black beans, pepper jack cheese, onions & peppers, served with corn salsa and jalapeño sour cream - 10.99

BUFFALO CHICKEN RANGOONS

Creamy house-made buffalo chicken dip tucked inside a golden flaky wonton rangoon, topped with buffalo sauce and served with a side of ranch - 11.99

ONION RINGS

Thin, hand-cut hand-dipped onion strings lightly breaded and fried golden brown. Served with ranch - 9.99
 HALF ORDER - 5.99



• **STREET TACOS (3)** • **W**
 SHRIMP – Blackened shrimp, fresh cabbage, carrots, cilantro, and chipotle mayo - 11.99

CARNITAS – Carnitas pork, feta cheese, corn salsa, and guacamole - 10.99

LETTUCE WRAPS **heart**

Iceberg lettuce shells filled with seasoned rice, carrot and cucumber medley, and pulled chicken all topped with teriyaki sauce - 11.99
 TRY WITH TUNA - 3.00

MAC 'N CHEESE



• **BUFFALO CHICKEN** •
 Fire grilled chicken breast and penne noodles in our new buffalo cream sauce with a bread crumb crust and topped with crumbled blue cheese - 13.99

FIVE CHEESE

Ricotta, Parmesan, provolone and two mozzarella cheeses with penne noodles in a creamy Alfredo sauce. Baked with our bread crumb crust - 12.99

GARLIC SHRIMP ALFREDO **W**

Garlic Alfredo sauce, penne noodles, and sautéed shrimp topped with bread crumbs and baked to perfection - 13.99

WELLMAN'S SOUP

Wellman's Famous Clam Chowder, Chicken Tortilla or our Soup of the Day
 Cup - 4.50 • Bowl - 5.50

YOU PICK 2

Your choice of two items: ½ Sandwich, Side Salad or Bowl of Soup (BLT, Classic Club, Tuna Melt, or Cranberry Chicken Salad) - 10.99

ALL WRAPPED UP

Served with crinkle cut fries, tator tots or chips. Substitute onion rings, cottage cheese, coleslaw, sweet potato fries, side salad, mac n' cheese or cup of soup for 1.99



• **CHICKEN RANCH** •
 Breaded or grilled chicken breast, cheddar cheese, applewood smoked bacon, mixed greens, tomato, and ranch dressing wrapped in a tomato basil tortilla - 12.99 TRY IT WITH BUFFALO SAUCE 1.00

CRANBERRY CHICKEN

Homemade chicken salad with cranberries, candied walnuts, and mixed greens wrapped in a whole grain tortilla - 11.99

CHIPOTLE FAJITA **W**

Pulled chipotle chicken, sautéed mushrooms, roasted red peppers, mozzarella cheese, mixed greens and sour cream in a warm wheat tortilla - 11.99

SANTA FE

Our Southwest wrap lays inside a jalapeño cheddar tortilla with grilled steak accompanied by garlic herb spread, smoked cheddar, shredded lettuce, jalapeños, cilantro lime sour cream, and Santa Fe salsa - 11.99

ASIAN TUNA

Asian-marinated tuna steak seared rare, and paired with a spiced cabbage slaw, peanuts, spicy mayo, and wonton threads in a spinach tortilla - 13.99

SAVORY SALADS



• **SASHIMI TUNA SALAD** • **heart**

Ruby Red tuna seared rare, lightly dusted in Cajun, atop mixed greens accompanied by fresh cut mangoes and avocado, with a side of our cilantro soy ginger dressing - 14.99

WELLMAN'S CHICKEN CHOP

Mixed greens, grilled chicken, bacon, tomato, onion, all topped in our house creamy Parmesan dressing and topped with Asiago Parmesan crisps - 12.99

STEAK SALAD

6 oz. Beef tenderloin sliced on a bed of spring greens with fried onions, mushrooms, tomato, and bleu cheese crumbles - 13.99

TACO SALAD

Crisp lettuce in a fried flour bowl, topped with your choice of fire braised chicken or seasoned taco meat, tomato, red onion, black beans, and jalapeños. Salsa, sour cream, and guacamole come on the side. Ole!! - 13.99

COBB SALAD

Mixed greens topped with egg, avocado, tomatoes, grilled chicken, bacon, black olives, and blue cheese crumbles - 12.99

ASIAN CHICKEN **heart**

Grilled chicken breast atop mixed greens with mandarin oranges, red onion, and tomatoes. Topped with peanuts, crunchy wonton threads and served with our sesame ginger dressing - 12.99

WELLMAN'S HOUSE **W**

Grilled chicken breast, mixed greens, chopped bacon, cheddar cheese, Iowa sweet corn, tomatoes, cucumbers, and garlic croutons - 10.99

Substitute steak*, Tuna, or Salmon - 4

Thousand Island, Italian, Creamy Parmesan, Blue Cheese, Ranch, Honey Mustard, French, Caesar, Balsamic Vinaigrette, Sesame Ginger, Low-Fat Italian, Low-Fat Ranch, and Sashimi

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STACKED SANDWICHES

Served with crinkle cut fries, tater tots, or chips. Substitute onion rings, cottage cheese, coleslaw, sweet potato fries, side salad, mac n' cheese or cup of soup for 1.99



• QUINOA BOWL •
 Chipotle chicken, avocado, corn, black beans and Korean BBQ quinoa topped with cilantro and sweet chili sauce - 13.99

CUBAN CARNITA **W**
 Tender seasoned pork carnita, sliced smoked ham, pickles, Swiss cheese, and our special mustard sauce, on a fresh Cuban loaf - 13.99

BUFFALO CHICKEN
 Grilled or breaded chicken coated in a classic buffalo sauce topped with lettuce and creamy blue cheese dressing - 12.99

CHICKEN CLUB
 Grilled chicken with applewood smoked bacon piled with cheddar and Swiss cheese, tomato, lettuce, and our whole grain mustard-mayo spread - 12.99
 ADD AVOCADO 1.50

PRIME RIB FRENCH DIP
 Prime rib thinly sliced, with swiss, laid on parmesan crusted bread, served with au jus - 13.99

TUNA MELT
 Tuna salad topped with American cheese and served on grilled wheat bread - 12.99

TOMMY B TENDERLOIN **W**
 Cajun seasoned pork tenderloin served grilled or breaded with lettuce, tomato, onion, pickle and a side of our homemade bourbon-sour cream sauce - 12.99
FAT BOY STYLE - HAM, CHEESE, AND ONION RINGS - 2.00

STEAK SANDWICH*
 An 8 oz. choice ribeye grilled to your liking, topped with crisp onion rings open-faced on Texas toast with a side of honey-horseradish mustard - 14.99

CAPRESE CHICKEN
 Grilled chicken breast topped with basil pesto, sliced tomatoes, fresh mozzarella & shaved asiago cheese on a toasted ciabatta roll with balsamic aioli - 12.99

CLASSIC CLUB
 Thinly sliced ham and turkey piled high with applewood smoked bacon, cheddar and Swiss cheese, tomato, lettuce, and our whole grain mustard-mayo spread - 11.99

MAPLE PEPPER BACON BLT
 Maple pepper bacon served crisp, honey gem lettuce, grilled tomatoes, pickled red onions, and sun dried tomato basil aioli, on a toasted focaccia roll - 12.99

GRILLED SALMON CLUB
 Atlantic salmon topped with roasted red peppers, fresh spinach and applewood smoked bacon accompanied by our lemon pesto aioli on a toasted Cuban loaf - 14.99



• THE PUB BURGER • **W**
 Melted Swiss cheese, applewood smoked bacon, sautéed mushrooms, and our NEW pub sauce - 14.99

GRAND AVENUE
 Pepperoni, jalapeños, and banana peppers topped with pepper jack cheese and chipotle mayo. Served with pickle, onion, lettuce, and tomato - 13.99

THE INGERSOLL
 Our juicy burger topped with applewood smoked bacon and pepperjack cheese, with a side of buffalo ranch sauce - 13.99

BOLD BURGERS*

All burgers are made with 100% Iowa Premium Certified Angus Beef*.
 • Substitute any burger for a chicken breast or black bean burger at no charge. •
 Served with crinkle cut fries, tater tots or chips. Substitute onion rings, cottage cheese, cole slaw, sweet potato fries, side salad, mac n' cheese or cup of soup for 1.99
 Gluten-free bun available for 1.00

WELLMAN'S ALL AMERICAN
 Served the old fashioned way with sliced American cheese, pickle, onion, lettuce, and tomato - 12.99

TERRACE HILL
 Topped with a fried egg, shaved grilled ham, cheddar cheese, crisp onion rings, pickle, onion, lettuce, and tomato - 14.99

COWBOY BURGER
 Iowa Premium Beef steak burger patty topped with chopped beef brisket, sautéed onions & bell peppers, jalapeños, Santa Fe salsa, guacamole, and queso sauce. Served on jalapeño cheddar corn bread - 14.99

THE WOODBURY **W**
 Topped with cheddar cheese, applewood smoked bacon, and crisp onion rings smothered in our Mesa BBQ sauce - 14.99

THE WATERBURY BLUE
 Topped with Maytag blue cheese crumbles, applewood smoked bacon, crisp onion rings, pickle, onion, lettuce, and tomato - 14.99

SOUTHWEST IMPOSSIBLE BURGER
 Our fresh delicious Impossible burger, topped with homemade guacamole, fresh-cut cucumbers and chipotle mayo. Served on a gluten-free bun with pickle, onion, lettuce, and tomato - 14.99



• BBQ RANCH BURGER •
 BBQ pulled pork topped with our juicy burger, melted American cheese, fresh jalapeños, applewood smoked bacon, and our homemade ranch dressing, garnished with pickle, onion, lettuce, and tomato - 14.99

CAROLINA BURGER
 Juicy pork belly burger topped with pulled pork, smoked cheddar, Carolina style BBQ sauce, and coleslaw on a King's Hawaiian bun - 14.99



• TACO •
 Seasoned taco meat, cheese blend, lettuce, tomato, pickled jalapeños, red onion, and nacho cheese tortilla chips served with taco sauce - 18.99

CHIPOTLE BBQ CHICKEN **W**
 Roasted chicken, BBQ sauce, and caramelized onions finished with chipotle mayo, and scallions - 17.99

PIZZA

ANY PIZZA AVAILABLE ON OUR FLATBREAD CRUST - 9.99
 Each Additional Pizza Topping - 1.00

HONEY GARLIC ALFREDO CHICKEN
 Shredded chicken laid on a flavorful honey garlic alfredo sauce with fresh mozzarella and a honey drizzle - 17.99

• MARGHERITA •
 Roasted garlic oil, fresh mozzarella and roma tomatoes finished with fresh basil, and dried Italian herbs - 16.99

JACKIE JO'S
 Graziano's sausage, pepperoni, red onion, green peppers, mushrooms, black olives, and cheese - 18.99

MEAT LOVERS
 Italian sausage, ham, pepperoni, and roasted red peppers with Wellman's pizza sauce - 18.99

BUILD YOUR OWN
 We start with gourmet cheese and you make it your own - 13.99
 FLATBREAD PIZZA - 8.99

TOPPINGS 1.50 EACH
 Pepperoni • Sausage • Bacon • Ham
 Chicken • Ground Beef • Mushroom
 Spinach • Tomato • Onion • Jalapeño
 Black Olives • Green Olives • Pineapple
 Banana Pepper • Roasted Red Pepper

DESSERT

FUNNEL CAKE FRIES
 Funnel cake fries dusted in powdered sugar with caramel and chocolate sauce for dipping - 6.99

• CAST IRON COOKIE •
 A jumbo chocolate chip cookie baked and served in a cast iron skillet topped with vanilla ice cream and chocolate sauce - 7.99



W WELLMAN'S HOUSE FAVORITE
heart HEART SMART ITEMS



RED BULL AND RED BULL SUGARFREE AVAILABLE

Wellman's offers Gluten-friendly menu items, please ask your server for a list. Cross-contact with ingredients containing gluten is a possibility.

*REMINDER: Consuming raw or undercooked meats, poultry, seafood, shellfish, or egg may increase your risk of foodborne illness.