

MONDAY-FRIDAY 11AM-2AM
SATURDAY & SUNDAY 10AM-2AM

597 MARKET STREET
WEST DES MOINES, IA 50266
515-222-1100



COME VISIT OUR OTHER LOCATION!

2920 INGERSOLL AVE
DES MOINES, IA 50312
515-245-9737

LET IT BEGIN



• WELLMANS NACHOS •
Yellow corn tortilla chips topped with chicken, Mexican cheeses, tomato and fresh jalapeño and served with a mojo sauce. 9.99 Add steak for 1.00

PEPPER JACK BITES
Lightly breaded pepper jack cheese bites served with ranch dressing. 7.99

WILD MUSHROOM CHICKEN QUESADILLA
Seared wild mushrooms and chicken, Monterey jack cheese, grilled peppers and onions served with corn salsa and sour cream. 8.99

TUNA NACHOS
Seared rare ahi tuna atop crispy wonton points with pineapple salsa and spicy mayo. 9.99

ARTICHOKE SPINACH DIP
Creamy dip of tender artichokes, sautéed fresh spinach and cheese served with tortilla chips. 8.99

FIRECRACKER SHRIMP
Golden breaded jumbo shrimp tossed in spicy buffalo sauce and served with ranch dressing. 9.99

BOURSIN MUSHROOMS
Garlic and herb cheese stuffed in tender mushroom caps served with mushroom jus. 9.99

SWEET POTATO FRIES
Crisp on the outside, sweet and tender on the inside, stacked high and served with bourbon-sour cream dipping sauce. 6.99

WELLMANS HOMEMADE CHIPS
A pile of crispy thin potatoes seasoned with ancho chili and cilantro. 4.99 Try loaded chips topped with bacon, cheese, sour cream and chives. 8.99

CHICKEN TENDERS
Breaded chicken breast strips served regular or tossed in buffalo sauce, served with ranch dressing. 9.99 Add fries for 1.00

ONION RINGS
Thin strings of onion lightly breaded and fried golden. 6.99 Half order. 4.99

• WELLMANS WINGS •
Smoked jumbo chicken wings coated with your choice of hot buffalo, sweet chili, mild buffalo, garlic parmesan, honey citrus or BBQ, or try them "naked." Served with celery and ranch or bleu cheese dressing. 8.99



CLASSIC SOUPS

	CUP	BOWL
Wellmans Famous Clam Chowder	3.99	4.99
Chicken Tortilla Soup	2.99	3.99
Chicken Noodle Soup	2.99	3.99
Soup of the Day	2.99	3.99

SOUP & SIDE SALAD 7.99



SAVORY SALADS



Substitute meat for an additional cost: Steak - 2, Salmon - 4, Tuna - 4

ALL WRAPPED UP

Served with straight fries or chips. Substitute onion rings, cottage cheese, cole slaw, sweet potato fries or a cup of soup for 1.00.

• CHICKEN RANCH •
Breaded or grilled chicken breast, Cheddar cheese, applewood bacon, lettuce mix, tomato and ranch dressing wrapped in a tomato basil tortilla. 9.99 Try it with buffalo sauce for 1.00

APPLEWOOD BACON
Applewood smoked bacon, tomato, goat cheese, avocado, spinach and whole grain mustard-mayo spread wrapped in a spinach tortilla. 9.99

CRANBERRY CHICKEN
Creamy chicken salad with cranberries, candied walnuts and lettuce mix wrapped in a whole grain tortilla. 9.99

PESTO PORTABELLA
Grilled portabella mushroom, spinach, goat cheese and roasted red peppers with basil pesto wrapped in a whole wheat tortilla. 9.99

ASIAN TUNA
Asian marinated tuna steak seared rare with a spiced cabbage slaw, peanuts, spicy mayo and wonton threads wrapped in a spinach tortilla. 9.99

SWEET CHILE SHRIMP
Fried shrimp tossed in a tangy sauce and wrapped in a tomato basil tortilla with a salad mix, grilled ham, pineapple and cilantro. 9.99



• SANTA FE SALAD •
Chopped romaine and iceberg lettuce with tomato, black beans, corn salsa and black olives tossed in a tequila lime sour cream dressing with pulled chipotle chicken and tortilla strips. 9.99

BLACKENED CHICKEN WEDGE
Wedge of iceberg lettuce topped with bleu cheese dressing, blackened chicken, red onions and cherry tomatoes. 8.99

GRILLED STEAK SALAD
Romaine and iceberg lettuce, avocado, tomatoes and onion tossed in lime dressing. Topped with savory strips of ribeye steak. 9.99

THE GOTHAM
Baby spinach tossed in a warm bacon vinaigrette with sliced mushrooms, red onion, hard boiled egg and croutons. 8.99

ASIAN CHICKEN
Grilled chicken breast atop garden greens with mandarin oranges, red onion and tomatoes. Topped with peanuts and crunchy wonton threads and served with sesame ginger dressing on the side. 9.99

COBB
Chopped romaine and iceberg lettuce topped with egg, avocado, tomatoes, chicken, black olives, bacon and bleu cheese crumbles. Served with dressing of choice on the side. 9.99

CLASSIC CAESAR
Hearts of romaine tossed in roasted garlic Caesar dressing topped with croutons, red onions and parmesan cheese. 7.99 Add chicken 2.00.

WELLMANS HOUSE
Romaine and iceberg lettuce, chopped bacon, Cheddar cheese, Iowa sweet corn, tomatoes, cucumbers and garlic croutons with choice of dressing. 7.99 Add chicken 2.00.

Available dressings are: Thousand Island, Italian, Maytag Bleu Cheese, Ranch, Honey Mustard, French, Caesar, Raspberry Vinaigrette, Balsamic Vinaigrette, Sesame Ginger, Low-Fat Italian, Low-Fat Ranch

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STACKED SANDWICHES

Served with straight fries or chips. Substitute onion rings, cottage cheese, cole slaw, sweet potato fries or a cup of soup for 1.00.



GRILLED SALMON CLUB

Seasoned Atlantic salmon topped with roasted red pepper, fresh spinach and applewood smoked bacon accompanied by our lemon pesto aioli on a toasted Cuban loaf bread. 9.99

CUBAN CARNITA

Tender seasoned pork carnita, sliced smoked ham, pickles, Swiss cheese and our special mustard sauce on a Cuban loaf bread. 8.99

TOMMY B TENDERLOIN

Grilled or breaded Cajun seasoned pork tenderloin served with lettuce, tomato, pickle and a side of bourbon-sour cream sauce. 9.99

HAND BREADED FISH & CHIPS

Hand breaded white fish served with Wellmans Ancho Chips and tartar sauce. 9.99

• CHICKEN BRUSCHETTA •

Grilled chicken breast set open face over a toasted baguette and covered with fresh bruschetta and our lemon pesto aioli. 8.99

BBQ'ed PULLED PORK

BBQ'ed pork shoulder dressed with Mesa BBQ sauce and topped with spicy coleslaw. 8.99

BUFFALO CHICKEN

Grilled chicken breast coated in classic buffalo sauce and served with lettuce and bleu cheese dressing. 8.99

*STEAK SANDWICH

8oz choice ribeye steak grilled to your liking, topped with crisp onion rings and served on Texas toast with honey-horseradish mustard. 11.99

FIREHOUSE PHILLY

Shaved prime beef piled high with roasted peppers and onions all topped with melted pepper jack cheese in a Cuban loaf. 10.99

CHICKEN CLUB

Grilled chicken and applewood smoked bacon piled with Cheddar and Swiss cheeses, tomato, lettuce and rosemary spread. 8.99

THE REUBEN

Thinly sliced corned beef on marble rye bread with Swiss cheese, sauerkraut and Thousand Island dressing. 8.99

CLASSIC CLUB

Thinly sliced ham and turkey with bacon, Cheddar and Swiss cheeses, tomato, lettuce and whole grain mustard-mayo spread. 8.99

WELLMANS BLT

Applewood smoked bacon, tomato, goat cheese, avocado, spinach and whole grain mustard-mayo spread on Texas toast. 8.99

PRIME RIB & AU JUS DIP

Shaved prime rib topped with Swiss cheese and served with au jus. 9.99

FOLLOW US ON



THE BOLD BURGERS*

Served with straight fries or chips. Substitute onion rings, cottage cheese, cole slaw, sweet potato fries or a cup of soup for 1.00.



• CALIFORNIA BURGER •

Applewood smoked bacon and guacamole with Swiss cheese, pickles, onion, lettuce and tomato. 8.99

WELLMANS ALL AMERICAN BURGER

Our juicy burger served the old fashioned way with sliced American cheese, pickles, onion, lettuce and tomato. 7.99

THE GLEN OAKS BURGER

Brie cheese, thinly sliced apples, applewood smoked bacon, pickles, onion, lettuce and tomato. 8.99

WATERBURY BLEU BURGER

Burger topped with Maytag bleu cheese crumbles, applewood bacon, onion rings, pickles, onion, lettuce and tomato. 8.99

THE GRAND AVE BURGER

Pepperoni, jalapeño and banana peppers, chipotle mayo and pepper jack cheese with pickles, onion, lettuce and tomato. 8.99

THE ROOSEVELT PATTY MELT

Burger patty between rye bread topped with Swiss cheese and caramelized onions. 8.99

TERRACE HILL BURGER

Burger topped with fried egg, grilled thinly sliced ham, Cheddar cheese, onion rings, pickles, onion, lettuce and tomato. 8.99

THE INGERSOLL RAREBIT

Topped with Wellmans house recipe rarebit sauce. 8.99

PORTABELLA BURGER

NO MEAT HERE! The mushroom is the burger! Grilled portabella, goat cheese, spinach and roasted red peppers with basil pesto. 9.99

THE SQUEALER BURGER

Hand made patty mixed with applewood bacon, garlic Worcestershire sauce and onions topped with Cheddar cheese, chipotle mayo, lettuce, tomato and pickles. 9.99



• JUICY LUCY BURGER •

A hearty helping of cheese in the center of two fresh beef patties, pressed together and pan seared. Caution when you take a bite, it is guaranteed to ooze cheese! 10.99

THE FOSTER BURGER

Our juicy burger topped with grilled mushrooms, sautéed onions, Swiss cheese, lettuce, tomato and pickles. 9.99

PIZZA



• BUFFALO CHICKEN •

Buffalo sauce, roasted chicken and caramelized onions all topped with Maytag bleu cheese dressing and chopped cilantro. 15.99

MEAT LOVERS

Italian sausage, ham, pepperoni and roasted red peppers with Wellmans pizza sauce. 16.99

PORTABELLA VEGETARIAN

Sliced roasted portobellos, spinach, red onion, roasted red peppers and basil pesto topped with goat cheese. 15.99

MARGHERITA PIZZA

Roasted garlic oil, fresh mozzarella and roma tomatoes finished with fresh basil and dried Italian herbs. 14.99

CHIPOTLE BBQ CHICKEN

Grilled chicken, BBQ sauce and caramelized onions finished with chipotle mayo, cilantro and scallions. 15.99

BUILD YOUR OWN

Start with gourmet cheese pizza and make it your own. 10.99 +1.50 per topping.

TOPPINGS ARE:

Pepperoni	Mushroom	Banana Pepper
Sausage	Tomato	
Bacon	Spinach	
Chicken	Onion	Roasted Red Peppers
Ham	Jalapeño	

DESSERTS

CAST IRON COOKIE

A jumbo chocolate chip cookie baked and served in a cast iron skillet topped with vanilla ice cream and chocolate sauce. 4.99

BEVERAGES

Pepsi	1919 Root Beer
Diet Pepsi	Lemonade
Mt. Dew	Iced Tea
Diet Mt. Dew	Coffee
Sierra Mist	Orange Juice
Grape Gatorade	Milk